



RULES FOR TULLAMORE JUNIOR HOCKEY CLUB

ADMISSION & REGISTRATION: Children must be in at least third class to join. Players wishing to join after registration day must apply to the committee and acceptance to the club will depend on vacancies. All changes to information provided at registration day must be notified to the Junior CoOrdinator.

MEDICAL HISTORY & INFORMATION: Relevant medical details e.g. epilepsy, asthma, diabetes or allergies must be given at registration day. Consequently, where the need arises, players are required to bring appropriate medications such as inhalers, glucose etc. In the event of an emergency permission is given for medical treatment to be administered where considered necessary by a nominated first aider, or suitably qualified medical practioners.

MEMBERSHIP FEES: Club membership fees include personal accident insurance. Membership fees are due on registration day. All fees must be paid prior to training. No one will be allowed take part in training or matches until they have paid the membership fee.

UNIFORM: Our club uniform of yellow t-shirt, royal blue skirt and royal blue socks, can be ordered online from Gilmour Sports Ireland, Unit 1, Ballyogan Business Park, Ballyogan Road, Sandyford, Dublin 18, phone 01 2945591 – <https://hockeyireland.com/collections/tullamore-hc-collection>. Be sure to use the Club Loyalty Number 1570 to receive a discount on each order placed online. The code goes into the Coupon box when finalising your order. The club gets 5% of total amount spent to be used towards club equipment.

HOCKEY EQUIPMENT: Gum shields, shin guards, appropriate footwear, own hockey stick and ball with name clearly marked on them. All players are strongly recommended to wear gum shields and shin guards at all training sessions and during all matches. Goalkeepers must wear adequate protection which will be supplied by the club.

CODE OF BEHAVIOUR: Players must turn up at appointed times for training, matches, buses etc. Members are expected to act in a mannerly fashion at all times, showing respect for their fellow players, coaches, opponents and umpires thus maintaining the good name of the club. Foul language, poor sportsmanship, and challenging umpires will not be permitted or tolerated.

SAFETY: Coaches, managers and helpers travelling with the team are in 'loco parentis' and must be shown appropriate respect. At away fixtures, all players must remain within the hockey area. Under no circumstance are members allowed to leave the hockey ground either alone or in groups, so please do not ask. In the case where a team stops for refreshments on the way home from a match, all players must go to the selected establishment in the company of their coach, manager and/or supervisors.

COMPLAINTS PROCEDURE: Where a player believes they have a legitimate grievance or complaint they should approach the coach, junior coordinators or any committee member.